

## Food Menu Report



|  | Quantity | Measure   | Cals (kcal) | FatCals (kcal) | Fat (g) | SatFat (g)   | TransFat (g)  | Chol (mg) | Sod (mg) | Carb (g) | TotFib (g)   | Sugar (g) | Prot (g) |
|--|----------|-----------|-------------|----------------|---------|--------------|---------------|-----------|----------|----------|--------------|-----------|----------|
| <b>Taco Nation Faves</b>   |          |           |             |                |         |              |               |           |          |          |              |           |          |
| The Jimboy Special (drink not included in calories)                    | 1        | Serving   | 420         | 252            | 28      | 10           | 0             | 90        | 1000     | 22       | 2            | 2         | 20       |
| The Jimboy Box   | 1        | Serving   | 849         | 378            | 42      | 14           | 0             | 60        | 2384     | 114      | 28           | 6         | 45       |
| The Original 54  | 1        | Serving   | 756         | 360            | 40      | 12           | 0             | 75        | 2070     | 70       | 15           | 3         | 29       |
| Faves Plate  | 1        | Serving   | 891         | 351            | 43      | 15           | 0             | 102       | 2745     | 99       | 23.5         | 5         | 36       |
| The Flashback  | 1        | Serving   | 1004        | 396            | 44      | 20           | 0             | 120       | 3106     | 112      | 24           | 6         | 40       |
| <b>Tacos</b> , nutritional info may vary depending on added items.     | Quantity | Measure   | Cals        | Fat Cals       | Fat (g) | Sat. Fat (g) | Trans Fat (g) | Chol (mg) | Sod (mg) | Carb (g) | Tot. Fib (g) | Sugar (g) | Prot (g) |
| The Jimboy   | 1        | Taco      | 210         | 120            | 14      | 5            | 0             | 45        | 500      | 11       | 1            | 1         | 10       |
| Bean Taco  | 1        | Taco      | 183         | 99             | 11      | 3.5          | 0             | 15        | 410      | 15       | 4            | 1         | 6        |
| Chicken Taco   | 1        | Taco      | 256         | 117            | 13      | 4            | 0             | 50        | 330      | 9        | 1            | 1         | 11       |
| Brisket Taco   | 1        | Taco      | 421         | 120            | 30      | 4            | 0             | 72        | 320      | 18       | 1            | 1         | 20       |
| Carnitas Taco  | 1        | Taco      | 330         | 224            | 26      | 7.5          | 0             | 54        | 450      | 14       | 1            | 1         | 15       |
| Steak Taco   | 1        | Taco      | 330         | 199            | 23      | 6.5          | 0             | 54        | 170      | 10       | 1            | 1         | 20       |
| Spicy Vege Masala Taco   | 1        | Taco      | 210         | 110            | 12      | 2.5          | 0             | 10        | 320      | 19       | 5            | 1         | 6        |
| The Surf (fish)  | 1        | Taco      | 290         | 180            | 20      | 3            | 0             | 25        | 230      | 21       | 3            | 2         | 10       |
| Kicken Shrimp Taco   | 1        | Taco      | 361         | 225            | 26      | 2.5          | 0             | 115       | 1020     | 14       | 3            | 2         | 13       |
| Taco Burger  | 1        | Taco      | 430         | 320            | 36      | 9            | 0             | 65        | 640      | 11       | 2            | 2         | 18       |
| Street Tacos   |          |           |             |                |         |              |               |           |          |          |              |           |          |
| <b>Enchiladas</b> , nutritional info may vary depending on added items | Quantity | Measure   | Cals        | Fat Cals       | Fat (g) | Sat. Fat (g) | Trans Fat (g) | Chol (mg) | Sod (mg) | Carb (g) | Tot. Fib (g) | Sugar (g) | Prot (g) |
| Enchilada, Ground Beef   | 1        | Enchilada | 271         | 142            | 15      | 9            | 0             | 57        | 861      | 22       | 2            | 2         | 12       |
| Enchilada, Chicken   | 1        | Enchilada | 296         | 139            | 16      | 8            | 0             | 66        | 641      | 18       | 2            | 0         | 20       |
| Enchilada, Carnitas  | 1        | Enchilada | 387         | 243            | 27      | 9            | 0             | 67        | 768      | 19       | 2            | 3         | 17       |
| Enchilada, Brisket   | 1        | Enchilada | 443         | 279            | 31      | 13           | 0             | 82        | 628      | 19       | 2            | 3         | 22       |
| Enchilada, Steak   | 1        | Enchilada | 380         | 216            | 24      | 8            | 0             | 77        | 738      | 19       | 2            | 2         | 22       |
| Enchilada, Kicken Shrimp   | 1        | Enchilada | 453         | 297            | 33      | 9            | 0             | 147       | 1332     | 21       | 3            | 4         | 18       |
| Enchilada, Cheese  | 1        | Enchilada | 304         | 180            | 20      | 10           | 0             | 51        | 830      | 18       | 0            | 0         | 13       |
| <b>Taco Salad</b> , nutritional info may vary depending on added items | Quantity | Measure   | Cals        | Fat Cals       | Fat (g) | Sat. Fat (g) | Trans Fat (g) | Chol (mg) | Sod (mg) | Carb (g) | Tot. Fib (g) | Sugar (g) | Prot (g) |
| Ground Beef  | 1        | Salad     | 928         | 369            | 41      | 14           | 0             | 92        | 2238     | 73       | 17           | 2         | 32       |
| Chicken  | 1        | Salad     | 876         | 396            | 44      | 14           | 0             | 87        | 1852     | 68       | 17           | 2         | 31       |
| Carnitas   | 1        | Salad     | 903         | 495            | 55      | 15           | 0             | 77        | 1902     | 69       | 17           | 3         | 33       |
| Brisket  | 1        | Salad     | 959         | 531            | 59      | 18           | 0             | 92        | 1762     | 69       | 17           | 3         | 38       |
| Steak  | 1        | Salad     | 896         | 468            | 52      | 14           | 0             | 87        | 1872     | 69       | 17           | 3         | 38       |
| Kicken Shrimp  | 1        | Salad     | 986         | 558            | 62      | 15           | 0             | 157       | 2830     | 71       | 18           | 2         | 36       |
| Veggie   | 1        | Salad     | 641         | 369            | 41      | 11           | 0             | 42        | 1880     | 46       | 17           | 2         | 22       |
| <b>Chicken Bacon Avocado Salad</b>                                     | 1        | Salad     | 660         | 490            | 55      | 14           | 0             | 95        | 1320     | 19       | 10           | 6         | 26       |

| <b>Burritos</b> , nutritional info may vary depending on added items | Quantity | Measure  | Cals | Fat Cals | Fat (g) | Sat. Fat (g) | Trans Fat (g) | Chol (mg) | Sod (mg) | Carb (g) | Tot. Fib (g) | Sugar (g) | Prot (g) |
|--|----------|----------|------|----------|---------|--------------|---------------|-----------|----------|----------|--------------|-----------|----------|
| Burrito - Ground Beef  | 1        | Burrito  | 1044 | 396      | 44      | 17           | 0             | 160       | 2840     | 118      | 16           | 4         | 44       |
| Burrito - Chicken  | 1        | Burrito  | 943  | 351      | 39      | 18           | 0             | 145       | 2298     | 109      | 15           | 4         | 39       |
| Burrito - Brisket  | 1        | Burrito  | 1264 | 612      | 68      | 25           | 0             | 155       | 2168     | 110      | 15           | 5         | 53       |
| Burrito - Carnitas   | 1        | Burrito  | 1156 | 540      | 60      | 20           | 0             | 125       | 2448     | 111      | 15           | 6         | 43       |
| Burrito - Steak  | 1        | Burrito  | 1142 | 486      | 54      | 18           | 0             | 145       | 2388     | 111      | 15           | 6         | 53       |
| Burrito - Kicken Shrimp  | 1        | Burrito  | 1177 | 513      | 57      | 15           | 0             | 275       | 3036     | 115      | 117          | 8         | 51       |
| Burrito - Veggie   | 1        | Burrito  | 949  | 369      | 41      | 18           | 0             | 80        | 2499     | 114      | 117          | 4         | 31       |
| <b>Bowls</b> , nutritional info may vary depending on added items    | Quantity | Measure  | Cals | Fat Cals | Fat (g) | Sat. Fat (g) | Trans Fat (g) | Chol (mg) | Sod (mg) | Carb (g) | Tot. Fib (g) | Sugar (g) | Prot (g) |
| Ground Beef  | 1        | Bowl     | 533  | 189      | 21      | 8            | 0             | 93        | 1650     | 63       | 16           | 5         | 23       |
| Chicken  | 1        | Bowl     | 481  | 153      | 17      | 7.5          | 0             | 88        | 1533     | 62       | 16           | 4         | 20       |
| Carnitas   | 1        | Bowl     | 601  | 261      | 28      | 9            | 0             | 78        | 1593     | 63       | 16           | 5         | 22       |
| Brisket  | 1        | Bowl     | 648  | 288      | 32      | 11           | 0             | 93        | 1453     | 63       | 16           | 5         | 27       |
| Steak  | 1        | Bowl     | 585  | 225      | 25      | 8            | 0             | 88        | 1563     | 63       | 15           | 5         | 27       |
| Kicken Shrimp  | 1        | Bowl     | 672  | 312      | 35      | 7.5          | 0             | 158       | 2233     | 63       | 16           | 6         | 27       |
| Veggie   | 1        | Bowl     | 511  | 135      | 15      | 5            | 0             | 43        | 1570     | 77       | 18           | 5         | 17       |
| <b>Mix and Match sides</b>   | Quantity | Measure  | Cals | Fat Cals | Fat (g) | Sat. Fat (g) | Trans Fat (g) | Chol (mg) | Sod (mg) | Carb (g) | Tot. Fib (g) | Sugar (g) | Prot (g) |
| Refried Beans 6 oz   | 1        | Serving  | 266  | 90       | 10      | 2.25         | 0             | 6.25      | 823      | 32       | 15           | 3         | 12       |
| Red Rice 4 oz  | 1        | Serving  | 184  | 32       | 3.5     | 0            | 0             | 0         | 487      | 34       | 5            | 1         | 4        |
| Pinto Beans, Whole 6 oz  | 1        | Serving  | 110  | 5        | 0.5     | 0            | 0             | 0         | 380      | 20       | 9            | 0         | 7        |
| Side Salad   | 1        | Serving  | 40   | 27       | 3       | 0.5          | 0             | 3         | 40       | 2        | 1            | 0         | 0        |
| House made Chips   | 1        | Serving  | 270  | 100      | 12      | 1            | 0             | 0         | 190      | 37       | 5            | 1         | 5        |
| Wedge Fries  | 1        | Serving  | 460  | 220      | 25      | 4            | 0             | 0         | 280      | 51       | 6            | 1         | 6        |
| Chips and Guacamole, 2 oz Chips/4 oz Guacamole                       | 1        | Serving  | 480  | 290      | 32      | 3.5          | 0             | 5         | 310      | 48       | 9            | 1         | 8        |
| Chips and Queso, 2 oz chips/4 oz Queso                               | 1        | Serving  | 620  | 400      | 43      | 12           | <1            | 55        | 1210     | 40       | 5            | 3         | 15       |
| Chips and Salsa, 2 oz chips/4 oz Mild Red Salsa                      | 1        | Serving  | 300  | 108      | 12      | 1            | 0             | 0         | 1350     | 41       | 7            | 3         | 7        |
| <b>Mash-Ups, Jimboy's Crafted</b>                                    | Quantity | Measure  | Cals | Fat Cals | Fat (g) | Sat. Fat (g) | Trans Fat (g) | Chol (mg) | Sod (mg) | Carb (g) | Tot. Fib (g) | Sugar (g) | Prot (g) |
| Tahoe Nachos, nutritional info is for entire item                    | 2 to 4   | Servings | 1157 | 470      | 69      | 18           | 0             | 105       | 2179     | 98       | 19           | 5         | 36       |
| Street Fries - Ground Beef, nutritional info for entire item         | 2 to 4   | Servings | 1080 | 470      | 73      | 22           | 1             | 110       | 1940     | 73       | 8            | 5         | 31       |
| Taquit-OMG, nutritional info for entire item                         | 2 to 4   | Servings | 820  | 251      | 61      | 28           | 0             | 95        | 1346     | 58       | 5            | 9         | 24       |
| Loaded Queso, nutritional info for entire item                       | 3 to 4   | Servings | 2003 | 1117     | 129     | 37           | 1             | 215       | 3902     | 88       | 12           | 8         | 41       |
| Stuffed Quesadilla, nutritional info for entire item                 | 2 to 4   | Servings | 1205 | 873      | 97      | 33           | 1             | 201       | 3096     | 46       | 6            | 6         | 37       |
| <b>Mash-ups, basic build for Create your own</b>                     | Quantity | Measure  | Cals | Fat Cals | Fat (g) | Sat. Fat (g) | Trans Fat (g) | Chol (mg) | Sod (mg) | Carb (g) | Tot. Fib (g) | Sugar (g) | Prot (g) |
| Nachos,Chips - Refried Beans - Queso, nutritional info entire item   | 2 to 4   | Servings | 984  | 522      | 58      | 12.4         | <1            | 55        | 1785     | 93       | 18           | 5         | 26       |
| Street Fries, Fries - Queso, nutritional info for entire item        | 2 to 4   | Servings | 905  | 558      | 62      | 16           | <1            | 55        | 1370     | 67       | 8            | 3         | 18       |
| Taquitos, Chicken, nutritional info for entire item                  | 2 to 4   | Servings | 312  | 390      | 16      | 4            | 0             | 42        | 376      | 34       | 3            | 1         | 15       |
| Taquitos, Chicken - w/Guacamole, nutritional info entire item        | 2 to 4   | Servings | 422  | 360      | 27      | 14           | 0             | 42        | 436      | 40       | 5            | 4         | 17       |
| Taquitos, BF, nutritional info for entire item                       | 2 to 4   | Servings | 352  | 156      | 18      | 4.5          | 0             | 48        | 396      | 34       | 3            | 0         | 13       |
| Taquitos, BF w/Guac, nutritional info for entire item                | 2 to 4   | Servings | 462  | 251      | 29      | 16.5         | 0             | 50        | 476      | 52       | 5            | 4         | 15       |
| Chips and Queso, nutritional info for entire item                    | 2 to 4   | Servings | 1860 | 1053     | 117     | 35           | 1             | 165       | 3440     | 83       | 10           | 8         | 40       |
| Quesadilla, nutritional info for entire item.                        | 1 to 2   | Servings | 670  | 440      | 49      | 20           | 1             | 95        | 1570     | 36       | 1            | 2         | 24       |

**Pile it on items**

|                       | Quantity | Measure | Cals | Fat Cals | Fat (g) | Sat. Fat (g) | Trans Fat (g) | Chol (mg) | Sod (mg) | Carb (g) | Tot. Fib (g) | Sugar (g) | Prot (g) |
|-----------------------|----------|---------|------|----------|---------|--------------|---------------|-----------|----------|----------|--------------|-----------|----------|
| Smoked Brisket, 2 oz  | 1        | Serving | 230  | 162      | 18      | 6            | 0             | 50        | 190      | 1        | 0            | 1         | 13       |
| Kicken Shrimp 2.15 oz | 1        | Serving | 250  | 189      | 21      | 2.5          | 0             | 115       | 970      | 3        | 1            | 2         | 13       |
| Steak 2 oz            | 1        | Serving | 160  | 99       | 11      | 2.5          | 0             | 45        | 300      | 1        | 0            | 1         | 13       |
| Avocado, 1/2 medium   | 1        | Serving | 120  | 87       | 10      | 2            | 0             | 0         | 0        | 6        | 5            | 1         | 1        |
| Ground Beef, 2 oz     | 1        | Serving | 113  | 54       | 6       | 3            | 0             | 50        | 387      | 5        | 0            | 0         | 9        |
| Chicken Breast, 2 oz  | 1        | Serving | 80   | 32       | 3.5     | 2.5          | 0             | 45        | 270      | 0        | 0            | 0         | 6        |
| Carnitas, 2 oz        | 1        | Serving | 160  | 126      | 14      | 3.5          | 0             | 35        | 330      | 1        | 0            | 1         | 8        |
| Queso, 4 oz           | 1        | Serving | 330  | 279      | 31      | 11           | 1             | 55        | 1020     | 3        | 0            | 2         | 10       |
| Fresh Guacamole, 2 oz | 1        | Serving | 110  | 100      | 11      | 1.5          | 0             | 0         | 60       | 6        | 2            | 0         | 2        |
| Bacon 1 oz            | 1        | Serving | 150  | 108      | 12      | 4            | 0             | 32        | 648      | 0.2      | 0            | 0         | 10       |
| Chorizo 2 oz          | 1        | Serving | 180  | 135      | 15      | 6            | 0             | 35        | 690      | 0        | 0            | 0         | 10       |

**Top it off items**

|                                 | Quantity | Measure     | Cals | Fat Cals | Fat (g) | Sat. Fat (g) | Trans Fat (g) | Chol (mg) | Sod (mg) | Carb (g) | Tot. Fib (g) | Sugar (g) | Prot (g) |
|---------------------------------|----------|-------------|------|----------|---------|--------------|---------------|-----------|----------|----------|--------------|-----------|----------|
| Tomatoes 2 oz                   | 1        | Serving     | 12   | 0        | 0       | 0            | 0             | 0         | 84       | 2        | 0.5          | 1.5       | 0.5      |
| Pico de Gallo, 2 oz             | 1        | Serving     | 10   | 0        | 0       | 0            | 0             | 0         | 90       | 2        | 0            | 1         | 0        |
| Chipotle Sauce 1 oz             | 1        | Serving     | 150  | 17       | 2.5     | 0            | 10            | 520       | 0        | 0        | 0            | 0         | 0        |
| Sour Cream, 2 oz                | 1        | Serving     | 100  | 80       | 9       | 5            | 0             | 30        | 15       | 2        | 0            | 2         | 1        |
| Buttermilk Ranch Dressing, 2 oz | 1        | Serving     | 190  | 170      | 19      | 3            | 0             | 10        | 430      | 2        | 0            | 2         | 1        |
| Avocado Ranch Dressing, 2 oz    | 1        | Serving     | 120  | 100      | 12      | 1.5          | 0             | 5         | 190      | 3        | 1            | 1         | 1        |
| Refried Beans 3 oz              | 1        | Serving     | 125  | 30       | 3       | 0.4          | 0             | 0         | 358      | 16       | 8            | 0.7       | 6        |
| Pinto Beans, Whole 3 oz         | 1        | Serving     | 55   | 3        | 0       | 0            | 0             | 0         | 190      | 10       | 4            | 0         | 4        |
| Parmesan Cheese 1/2 tsp         | 1        | Serving     | 5    | 0        | <1      | <1           | 0             | 2         | 25       | 0        | 0            | 0         | 0        |
| Cilantro 1 tbsp                 | 1        | Serving     | 0.2  | 0        | 0       | 0            | 0             | 0         | 0.5      | 0        | 0            | 0         | 0        |
| Jimboy's Original Hot Sauce     | 2        | Fluid ounce | 15   | 0        | 0       | 0            | 0             | 0         | 150      | 3        | 0            | 1         | 1        |
| Green Onion 1 tbsp              | 1        | Serving     | 0.2  | 0        | 0       | 0            | 0             | 0         | 0.5      | 0        | 0            | 0         | 0        |
| Fresh Jalapeno, 4 slices        | 1        | Serving     | 2    | 0        | 0       | 0            | 0             | 0         | 0        | 0        | 0            | 0         | 0        |

**Salsas**

|                             | Quantity | Measure     | Cals | Fat Cals | Fat (g) | Sat. Fat (g) | Trans Fat (g) | Chol (mg) | Sod (mg) | Carb (g) | Tot. Fib (g) | Sugar (g) | Prot (g) |
|-----------------------------|----------|-------------|------|----------|---------|--------------|---------------|-----------|----------|----------|--------------|-----------|----------|
| Salsa Verde, (green)        | 2        | Fluid ounce | 10   | 0        | 0       | 0            | 0             | 0         | 410      | 2        | 0            | 1         | 1        |
| Salsa Chipotle              | 2        | Fluid ounce | 10   | 0        | 0       | 0            | 0             | 0         | 1830     | 2        | 1            | 0         | 0        |
| Salsa, Mild Red             | 2        | Fluid ounce | 10   | 0        | 0       | 0            | 0             | 0         | 1160     | 2        | 1            | 1         | 1        |
| Jimboy's Original Hot Sauce | 2        | Fluid ounce | 15   | 0        | 0       | 0            | 0             | 0         | 150      | 3        | 0            | 1         | 1        |

**Desserts**

|                          |   |         |     |     |    |    |   |    |     |    |   |    |   |
|--------------------------|---|---------|-----|-----|----|----|---|----|-----|----|---|----|---|
| Cinnamon Churros         | 1 | Serving | 280 | 170 | 19 | 8  | 0 | 30 | 480 | 29 | 0 | 5  | 3 |
| Bavarian Cream Churros   | 1 | Serving | 630 | 240 | 27 | 1  | 0 | 0  | 0   | 5  | 0 | 41 | 6 |
| Choco Taco Ice Cream Bar | 1 | Serving | 290 | 140 | 15 | 11 | 0 | 10 | 120 | 36 | 1 | 24 | 3 |

**Beverages**

|                  | Quantity | Measure     | Cals | Fat Cals | Fat (g) | Sat. Fat (g) | Trans Fat (g) | Chol (mg) | Sod (mg) | Carb (g) | Tot. Fib (g) | Sugar (g) | Prot (g) |
|------------------|----------|-------------|------|----------|---------|--------------|---------------|-----------|----------|----------|--------------|-----------|----------|
| Dr. Pepper       | 12       | Fluid ounce | 150  | 0        | 0       | 0            | 0             | --        | 55       | 41       | 0            | 41        | 0        |
| Sprite           | 12       | Fluid ounce | 160  | 0        | 0       | 0            | 0             | 0         | 35       | 40       | 0            | 36        | 0        |
| Barq's Root Beer | 12       | Fluid ounce | 160  | 0        | 0       | 0            | 0             | 0         | 70       | 45       | 0            | 45        | 0        |
| Diet Coke        | 12       | Fluid ounce | 0    | 0        | 0       | 0            | 0             | 0         | 40       | 0        | 0            | 0         | 0        |
| Coke             | 12       | Fluid ounce | 140  | 0        | 0       | 0            | 0             | 0         | 45       | 39       | 0            | 39        | 0        |
| Orange Fanta     | 12       | Fluid ounce | 160  | 0        | 0       | 0            | 0             | 0         | 60       | 45       | 0            | 44        | 0        |

| <b>Breakfast</b>                           |          |           |            |          |         |              |               |           |          |          |              |           |          |
|--|----------|-----------|------------|----------|---------|--------------|---------------|-----------|----------|----------|--------------|-----------|----------|
|  | Quantity | Measure   | Cals       | Fat Cals | Fat (g) | Sat. Fat (g) | Trans Fat (g) | Chol (mg) | Sod (mg) | Carb (g) | Tot. Fib (g) | Sugar (g) | Prot (g) |
| Breakfast Wrap - Ham                       | 1        | Serving   | <b>390</b> | 230      | 25      | 6            | 0             | 235       | 1010     | 24       | 1            | 2         | 17       |
| Breakfast Wrap - Chorizo                   | 1        | Serving   | <b>450</b> | 290      | 32      | 9            | 0             | 245       | 760      | 23       | 1            | 1         | 17       |
| Breakfast Taco - Ham                       | 1        | Serving   | <b>380</b> | 240      | 27      | 7            | 0             | 235       | 930      | 17       | 1            | 3         | 16       |
| Breakfast Taco - Chorizo                   | 1        | Serving   | <b>440</b> | 310      | 34      | 9            | 0             | 245       | 680      | 15       | 1            | 1         | 17       |
| Breakfast Bowl - Ham                       | 1        | Serving   | <b>880</b> | 370      | 41      | 11           | 0             | 250       | 2320     | 94       | 14           | 4         | 33       |
| Breakfast Bowl - Chorizo                   | 1        | Serving   | <b>940</b> | 430      | 48      | 13           | 0             | 255       | 2080     | 93       | 14           | 3         | 34       |
| Breakfast Burrito Grande - Ham             | 1        | Serving   | <b>720</b> | 370      | 41      | 12           | 0             | 470       | 1980     | 53       | 3            | 4         | 34       |
| Breakfast Burrito Grande - Chorizo         | 1        | Serving   | <b>840</b> | 490      | 55      | 18           | 0             | 485       | 1490     | 51       | 3            | 1         | 35       |
| <b>Tacos - Flour tortilla grilled soft</b> |          |           |            |          |         |              |               |           |          |          |              |           |          |
|  | Quantity | Measure   | Cals       | Fat Cals | Fat (g) | Sat. Fat (g) | Trans Fat (g) | Chol (mg) | Sod (mg) | Carb (g) | Tot. Fib (g) | Sugar (g) | Prot (g) |
| Ground Beef Taco                           | 1        | Serving ? | <b>318</b> | 160      | 18      | 6            | 0             | 45        | 680      | 17       | 1            | 1         | 11       |
| Bean Taco                                  | 1        | Serving   | <b>250</b> | 140      | 15      | 4            | 0             | 15        | 590      | 21       | 4            | 1         | 8        |
| Carnitas Taco                              | 1        | Serving   | <b>371</b> | 234      | 27      | 8.5          | 0             | 55        | 635      | 14       | 1            | 1         | 15       |
| Chicken Taco                               | 1        | Serving   | <b>291</b> | 160      | 17      | 8            | 0             | 65        | 615      | 14       | 1            | 1         | 14       |
| Brisket Taco                               | 1        | Serving   | <b>441</b> | 268      | 31      | 11           | 0             | 70        | 535      | 15       | 1            | 1         | 20       |
| Kicken Shrimp Taco                         | 1        | Serving   | <b>381</b> | 242      | 28      | 3.5          | 0             | 115       | 1195     | 15       | 1            | 2         | 15       |
| Spicy Vege Masala Taco                     | 1        | Serving   | <b>250</b> | 120      | 14      | 3            | 0             | 10        | 500      | 25       | 4            | 1         | 8        |
| Steak Taco                                 | 1        | Serving   | <b>371</b> | 208      | 24      | 7.5          | 0             | 75        | 645      | 15       | 0            | 2         | 20       |
| The Surf (fish)                            | 1        | Serving   | <b>340</b> | 190      | 22      | 3.5          | 0             | 25        | 410      | 26       | 2            | 2         | 11       |
| Taco Burger                                | 1        | Serving   | <b>480</b> | 340      | 38      | 9            | 0             | 65        | 820      | 16       | 1            | 2         | 19       |