

**Food Menu Report**



	Quantity	Measure	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)
<b>Taco Nation Faves</b>												
The Jimboy Special (drink not included in calories)	1	Serving	420	252	28	10	0	90	1000	22	2	2
The Jimboy Box	1	Serving	849	378	42	14	0	60	2384	114	28	6
The Original 54	1	Serving	756	360	40	12	0	75	2070	70	15	3
Faves Plate	1	Serving	891	351	43	15	0	102	2745	99	23.5	5
The Flashback	1	Serving	1004	396	44	20	0	120	3106	112	24	6
<b>Tacos</b> , nutritional info may vary depending on added items.	Quantity	Measure	Cals	Fat Cals	Fat (g)	Sat. Fat (g)	Trans Fat (g)	Chol (mg)	Sod (mg)	Carb (g)	Tot. Fib (g)	Sugar (g)
The Jimboy	1	Taco	210	120	14	5	0	45	500	11	1	1
Bean Taco	1	Taco	183	99	11	3.5	0	15	410	15	4	1
Chicken Taco	1	Taco	256	117	13	4	0	50	330	9	1	1
Brisket Taco	1	Taco	421	120	30	4	0	72	320	18	1	1
Carnitas Taco	1	Taco	330	224	26	7.5	0	54	450	14	1	1
Steak Taco	1	Taco	330	199	23	6.5	0	54	170	10	1	1
Spicy Vege Masala Taco	1	Taco	210	110	12	2.5	0	10	320	19	5	1
The Surf (fish)	1	Taco	290	180	20	3	0	25	230	21	3	2
Kicken Shrimp Taco	1	Taco	361	225	26	2.5	0	115	1020	14	3	2
Taco Burger	1	Taco	430	320	36	9	0	65	640	11	2	2
Street Tacos												
<b>Enchiladas</b> , nutritional info may vary depending on added items	Quantity	Measure	Cals	Fat Cals	Fat (g)	Sat. Fat (g)	Trans Fat (g)	Chol (mg)	Sod (mg)	Carb (g)	Tot. Fib (g)	Sugar (g)
Enchilada, Ground Beef	1	Enchilada	271	142	15	9	0	57	861	22	2	2
Enchilada, Chicken	1	Enchilada	296	139	16	8	0	66	641	18	2	0
Enchilada, Carnitas	1	Enchilada	387	243	27	9	0	67	768	19	2	3
Enchilada, Brisket	1	Enchilada	443	279	31	13	0	82	628	19	2	3
Enchilada, Steak	1	Enchilada	380	216	24	8	0	77	738	19	2	2
Enchilada, Kicken Shrimp	1	Enchilada	453	297	33	9	0	147	1332	21	3	4
Enchilada, Cheese	1	Enchilada	304	180	20	10	0	51	830	18	0	0
<b>Taco Salad</b> , nutritional info may vary depending on added items	Quantity	Measure	Cals	Fat Cals	Fat (g)	Sat. Fat (g)	Trans Fat (g)	Chol (mg)	Sod (mg)	Carb (g)	Tot. Fib (g)	Sugar (g)
Ground Beef	1	Salad	928	369	41	14	0	92	2238	73	17	2
Chicken	1	Salad	876	396	44	14	0	87	1852	68	17	2
Carnitas	1	Salad	903	495	55	15	0	77	1902	69	17	3
Brisket	1	Salad	959	531	59	18	0	92	1762	69	17	3
Steak	1	Salad	896	468	52	14	0	87	1872	69	17	3
Kicken Shrimp	1	Salad	986	558	62	15	0	157	2830	71	18	2
Veggie	1	Salad	641	369	41	11	0	42	1880	46	17	2
<b>Chicken Bacon Avocado Salad</b>	1	Salad	660	490	55	14	0	95	1320	19	10	6

<b>Burritos</b> , nutritional info may vary depending on added items												
	Quantity	Measure	Cals	Fat Cals	Fat (g)	Sat. Fat (g)	Trans Fat (g)	Chol (mg)	Sod (mg)	Carb (g)	Tot. Fib (g)	Sugar (g)
Burrito - Ground Beef	1	Burrito	1044	396	44	17	0	160	2840	118	16	4
Burrito - Chicken	1	Burrito	943	351	39	18	0	145	2298	109	15	4
Burrito - Brisket	1	Burrito	1264	612	68	25	0	155	2168	110	15	5
Burrito - Carnitas	1	Burrito	1156	540	60	20	0	125	2448	111	15	6
Burrito - Steak	1	Burrito	1142	486	54	18	0	145	2388	111	15	6
Burrito - Kicken Shrimp	1	Burrito	1177	513	57	15	0	275	3036	115	117	8
Burrito - Veggie	1	Burrito	949	369	41	18	0	80	2499	114	117	4
<b>Bowls</b> , nutritional info may vary depending on added items												
	Quantity	Measure	Cals	Fat Cals	Fat (g)	Sat. Fat (g)	Trans Fat (g)	Chol (mg)	Sod (mg)	Carb (g)	Tot. Fib (g)	Sugar (g)
Ground Beef	1	Bowl	533	189	21	8	0	93	1650	63	16	5
Chicken	1	Bowl	481	153	17	7.5	0	88	1533	62	16	4
Carnitas	1	Bowl	601	261	28	9	0	78	1593	63	16	5
Brisket	1	Bowl	648	288	32	11	0	93	1453	63	16	5
Steak	1	Bowl	585	225	25	8	0	88	1563	63	15	5
Kicken Shrimp	1	Bowl	672	312	35	7.5	0	158	2233	63	16	6
Veggie	1	Bowl	511	135	15	5	0	43	1570	77	18	5
<b>Mix and Match sides</b>												
	Quantity	Measure	Cals	Fat Cals	Fat (g)	Sat. Fat (g)	Trans Fat (g)	Chol (mg)	Sod (mg)	Carb (g)	Tot. Fib (g)	Sugar (g)
Refried Beans 6 oz	1	Serving	266	90	10	2.25	0	6.25	823	32	15	3
Red Rice 4 oz	1	Serving	184	32	3.5	0	0	0	487	34	5	1
Pinto Beans, Whole 6 oz	1	Serving	110	5	0.5	0	0	0	380	20	9	0
Side Salad	1	Serving	40	27	3	0.5	0	3	40	2	1	0
House made Chips	1	Serving	270	100	12	1	0	0	190	37	5	1
Wedge Fries	1	Serving	460	220	25	4	0	0	280	51	6	1
Chips and Guacamole, 2 oz Chips/4 oz Guacamole	1	Serving	480	290	32	3.5	0	5	310	48	9	1
Chips and Queso, 2 oz chips/4 oz Queso	1	Serving	620	400	43	12	<1	55	1210	40	5	3
Chips and Salsa, 2 oz chips/4 oz Mild Red Salsa	1	Serving	300	108	12	1	0	0	1350	41	7	3
<b>Mash-Ups, Jimboy's Crafted</b>												
	Quantity	Measure	Cals	Fat Cals	Fat (g)	Sat. Fat (g)	Trans Fat (g)	Chol (mg)	Sod (mg)	Carb (g)	Tot. Fib (g)	Sugar (g)
Tahoe Nachos, nutritional info is for entire item	2 to 4	Servings	1157	470	69	18	0	105	2179	98	19	5
Street Fries - Ground Beef, nutritional info for entire item	2 to 4	Servings	1080	470	73	22	1	110	1940	73	8	5
Taquit-OMG, nutritional info for entire item	2 to 4	Servings	820	251	61	28	0	95	1346	58	5	9
Loaded Queso, nutritional info for entire item	3 to 4	Servings	2003	1117	129	37	1	215	3902	88	12	8
Stuffed Quesadilla, nutritional info for entire item	2 to 4	Servings	1205	873	97	33	1	201	3096	46	6	6
<b>Mash-ups, basic build for Create your own</b>												
	Quantity	Measure	Cals	Fat Cals	Fat (g)	Sat. Fat (g)	Trans Fat (g)	Chol (mg)	Sod (mg)	Carb (g)	Tot. Fib (g)	Sugar (g)
Nachos, Chips - Refried Beans - Queso, nutritional info entire item	2 to 4	Servings	984	522	58	12.4	<1	55	1785	93	18	5
Street Fries, Fries - Queso, nutritional info for entire item	2 to 4	Servings	905	558	62	16	<1	55	1370	67	8	3
Taquitos, Chicken, nutritional info for entire item	2 to 4	Servings	312	390	16	4	0	42	376	34	3	1
Taquitos, Chicken - w/Guacamole, nutritional info entire item	2 to 4	Servings	422	360	27	14	0	42	436	40	5	4
Taquitos, BF, nutritional info for entire item	2 to 4	Servings	352	156	18	4.5	0	48	396	34	3	0
Taquitos, BF w/Guac, nutritional info for entire item	2 to 4	Servings	462	251	29	16.5	0	50	476	52	5	4
Chips and Queso, nutritional info for entire item	2 to 4	Servings	1860	1053	117	35	1	165	3440	83	10	8
Quesadilla, nutritional info for entire item.	1 to 2	Servings	670	440	49	20	1	95	1570	36	1	2

**Pile it on items**

	Quantity	Measure	Cals	Fat Cals	Fat (g)	Sat. Fat (g)	Trans Fat (g)	Chol (mg)	Sod (mg)	Carb (g)	Tot. Fib (g)	Sugar (g)
Smoked Brisket, 2 oz	1	Serving	230	162	18	6	0	50	190	1	0	1
Kicken Shrimp 2.15 oz	1	Serving	250	189	21	2.5	0	115	970	3	1	2
Steak 2 oz	1	Serving	160	99	11	2.5	0	45	300	1	0	1
Avocado, 1/2 medium	1	Serving	120	87	10	2	0	0	0	6	5	1
Ground Beef, 2 oz	1	Serving	113	54	6	3	0	50	387	5	0	0
Chicken Breast, 2 oz	1	Serving	80	32	3.5	2.5	0	45	270	0	0	0
Carnitas, 2 oz	1	Serving	160	126	14	3.5	0	35	330	1	0	1
Queso, 4 oz	1	Serving	330	279	31	11	1	55	1020	3	0	2
Fresh Guacamole, 2 oz	1	Serving	110	100	11	1.5	0	0	60	6	2	0
Bacon 1 oz	1	Serving	150	108	12	4	0	32	648	0.2	0	0
Chorizo 2 oz	1	Serving	180	135	15	6	0	35	690	0	0	0

**Top it off items**

	Quantity	Measure	Cals	Fat Cals	Fat (g)	Sat. Fat (g)	Trans Fat (g)	Chol (mg)	Sod (mg)	Carb (g)	Tot. Fib (g)	Sugar (g)
Tomatoes 2 oz	1	Serving	12	0	0	0	0	0	84	2	0.5	1.5
Pico de Gallo, 2 oz	1	Serving	10	0	0	0	0	0	90	2	0	1
Chipotle Sauce 1 oz	1	Serving	150	17	2.5	0	10	520	0	0	0	0
Sour Cream, 2 oz	1	Serving	100	80	9	5	0	30	15	2	0	2
Buttermilk Ranch Dressing, 2 oz	1	Serving	190	170	19	3	0	10	430	2	0	2
Avocado Ranch Dressing, 2 oz	1	Serving	120	100	12	1.5	0	5	190	3	1	1
Refried Beans 3 oz	1	Serving	125	30	3	0.4	0	0	358	16	8	0.7
Pinto Beans, Whole 3 oz	1	Serving	55	3	0	0	0	0	190	10	4	0
Parmesan Cheese 1/2 tsp	1	Serving	5	0	<1	<1	0	2	25	0	0	0
Cilantro 1 tbsp	1	Serving	0.2	0	0	0	0	0	0.5	0	0	0
Jimboy's Original Hot Sauce	2	Fluid ounce	15	0	0	0	0	0	150	3	0	1
Green Onion 1 tbsp	1	Serving	0.2	0	0	0	0	0	0.5	0	0	0
Fresh Jalapeno, 4 slices	1	Serving	2	0	0	0	0	0	0	0	0	0

**Salsas**

	Quantity	Measure	Cals	Fat Cals	Fat (g)	Sat. Fat (g)	Trans Fat (g)	Chol (mg)	Sod (mg)	Carb (g)	Tot. Fib (g)	Sugar (g)
Salsa Verde, (green)	2	Fluid ounce	10	0	0	0	0	0	410	2	0	1
Salsa Chipotle	2	Fluid ounce	10	0	0	0	0	0	1830	2	1	0
Salsa, Mild Red	2	Fluid ounce	10	0	0	0	0	0	1160	2	1	1
Jimboy's Original Hot Sauce	2	Fluid ounce	15	0	0	0	0	0	150	3	0	1

**Desserts**

Cinnamon Churros	1	Serving	280	170	19	8	0	30	480	29	0	5
Bavarian Cream Churros	1	Serving	630	240	27	1	0	0	0	5	0	41
Choco Taco Ice Cream Bar	1	Serving	290	140	15	11	0	10	120	36	1	24

**Beverages**

	Quantity	Measure	Cals	Fat Cals	Fat (g)	Sat. Fat (g)	Trans Fat (g)	Chol (mg)	Sod (mg)	Carb (g)	Tot. Fib (g)	Sugar (g)
Dr. Pepper	12	Fluid ounce	150	0	0	0	0	--	55	41	0	41
Sprite	12	Fluid ounce	160	0	0	0	0	0	35	40	0	36
Barq's Root Beer	12	Fluid ounce	160	0	0	0	0	0	70	45	0	45
Diet Coke	12	Fluid ounce	0	0	0	0	0	0	40	0	0	0
Coke	12	Fluid ounce	140	0	0	0	0	0	45	39	0	39
Orange Fanta	12	Fluid ounce	160	0	0	0	0	0	60	45	0	44

	Quantity	Measure	Cals	Fat Cals	Fat (g)	Sat. Fat (g)	Trans Fat (g)	Chol (mg)	Sod (mg)	Carb (g)	Tot. Fib (g)	Sugar (g)
<b>Breakfast</b>												
Breakfast Wrap - Ham	1	Serving	390	230	25	6	0	235	1010	24	1	2
Breakfast Wrap - Chorizo	1	Serving	450	290	32	9	0	245	760	23	1	1
Breakfast Taco - Ham	1	Serving	380	240	27	7	0	235	930	17	1	3
Breakfast Taco - Chorizo	1	Serving	440	310	34	9	0	245	680	15	1	1
Breakfast Bowl - Ham	1	Serving	880	370	41	11	0	250	2320	94	14	4
Breakfast Bowl - Chorizo	1	Serving	940	430	48	13	0	255	2080	93	14	3
Breakfast Burrito Grande - Ham	1	Serving	720	370	41	12	0	470	1980	53	3	4
Breakfast Burrito Grande - Chorizo	1	Serving	840	490	55	18	0	485	1490	51	3	1
<b>Tacos - Flour tortilla grilled soft</b>	Quantity	Measure	Cals	Fat Cals	Fat (g)	Sat. Fat (g)	Trans Fat (g)	Chol (mg)	Sod (mg)	Carb (g)	Tot. Fib (g)	Sugar (g)
Ground Beef Taco	1	Serving ?	318	160	18	6	0	45	680	17	1	1
Bean Taco	1	Serving	250	140	15	4	0	15	590	21	4	1
Carnitas Taco	1	Serving	371	234	27	8.5	0	55	635	14	1	1
Chicken Taco	1	Serving	291	160	17	8	0	65	615	14	1	1
Brisket Taco	1	Serving	441	268	31	11	0	70	535	15	1	1
Kicken Shrimp Taco	1	Serving	381	242	28	3.5	0	115	1195	15	1	2
Spicy Vege Masala Taco	1	Serving	250	120	14	3	0	10	500	25	4	1
Steak Taco	1	Serving	371	208	24	7.5	0	75	645	15	0	2
The Surf (fish)	1	Serving	340	190	22	3.5	0	25	410	26	2	2
Taco Burger	1	Serving	480	340	38	9	0	65	820	16	1	2

Prot (g)



- 20
- 45
- 29
- 36
- 40

Prot (g)

- 10
- 6
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- 15
- 20
- 6
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Prot (g)

- 12
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- 17
- 22
- 22
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- 13

Prot (g)

- 32
- 31
- 33
- 38
- 38
- 36
- 22
- 26

Prot (g)

44

39

53

43

53

51

31

Prot (g)

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Prot (g)

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Prot (g)

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37

Prot (g)

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Prot (g)

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Prot (g)

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Prot (g)

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Prot (g)

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Prot (g)

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